



# SMOOTHIES

160Z \$9 / 240Z \$12.5

ADD COLLAGEN OR PROTEIN +\$2

## OATMEAL COOKIE

BANANA, ALMOND MILK, OATS, MAPLE, CINNAMON, ALMOND BUTTER, VANILLA

## ROSE GLOW

BANANA, COCONUT WATER, COLLAGEN, RASPBERRY, ROSE WATER, HONEY

## BLUE BAHAMIAN

COCONUT MILK, ORANGE JUICE, BLUE MAJIK, PINEAPPLE, PEACH, AGAVE

## ACAI YOU LATER

PURE ACAI, COCONUT WATER, BLUEBERRY, SPINACH, BANANA

## HEALTH NUT

BANANA, ALMOND MILK, MACA, CINNAMON, DATE, ALMOND BUTTER

## PB & C

BANANA, ALMOND MILK, COCOA POWDER, PEANUT BUTTER, DATE

## A.M'S IN VENICE

PINEAPPLE, ORANGE JUICE, STRAWBERRY, PEACH, AGAVE

## THE OG

BANANA, ALMOND MILK, STRAWBERRY, AGAVE

## COFFEE DATE

BANANA, ALMOND MILK, COLD BREW, SPINACH, CINNAMON, DATE, PEANUT BUTTER, CHIA SEEDS

## CHOCOLATE MILK

BANANA, ALMOND MILK, MACA, COCOA POWDER, CHOCOLATE ALMOND BUTTER

## POPEYE

BANANA, ALMOND MILK, SPINACH, BLUEBERRY, STRAWBERRY, HONEY

## BOTTLED BEVERAGES

### MATCHA LATTE

OAT MILK, MATCHA, AGAVE

### HEALTHY HATERADE

COCONUT WATER, LEMON, SIMPLE SYRUP, BLUE MAJIK

### ANTIOXIDANT SHOT

BLUEBERRIES, GINGER, LEMON, BLUE MAJIK, AGAVE

### IMMUNITY SHOT

GINGER, LEMON, CAYENNE, BEET, TURMERIC

### LE BEET

APPLE, BEET, LIME

### LE CARROT

ORANGE, CARROT, GINGER

### LE GREEN

CUCUMBER, KALE, LIME, GINGER, AGAVE NECTAR

### LE CELERY

CELERY, LIME

### LE ORANGE

COLD PRESSED ORANGE JUICE

MADE 4  
SAFE



# SOUL BOWLS

## 1 CHOOSE ONE BASE

PURE ACAI \$12  
ACAI, CANE SUGAR

COCONUT BLEND \$12  
COCONUT, CANE SUGAR

DRAGON FRUIT BLEND \$12  
DRAGON FRUIT, CANE SUGAR

NOVA BLEND \$12  
COCONUT MILK, BANANA, PINEAPPLE,  
PEACH, HONEY, BLUE ALGAE

BOBA TAPIOCA PUDDING \$10.75  
COCONUT MILK, TAPIOCA, BROWN  
SUGAR, VANILLA, SALT

CHIA PUDDING \$10.75  
SEASONAL FLAVORS

## 2 ADD THREE FRUITS OR SWEETS

BLUEBERRY  
STRAWBERRY  
BANANA  
MANGO  
KIWI  
PINEAPPLE

DRAGON FRUIT  
SEASONAL COOKIES  
SEASONAL BOBA TAPIOCA PUDDINGS  
SEASONAL CHIA PUDDING S  
MINI CHOCOLATE CHIPS

## 3 MAPLE VANILLA GRANOLA

## 4 DRIZZLE IT

ALMOND BUTTER, PEANUT BUTTER, AGAVE,  
HONEY, CHOCOLATE ALMOND BUTTER

## 5 PICK TWO TOPPINGS

ALMOND SLICES  
BEE POLLEN  
CACAO NIBS  
CHIA SEEDS

GOJI BERRIES  
GINGER CRYSTALS  
COCONUT FLAKES

PUFFED QUINOA  
PUMPKIN SEEDS  
HEMP SEEDS

ASK US ABOUT SWEET SOUL CATERING!