

# SMOOTHIES

ADD COLLAGEN, PROTEIN, GREENS POWDER OR HANGOVER POWDER +\$2

OATMEAL (OOKIE BANANA, ALMOND MILK, OATS, MAPLE, CINNAMON, ALMOND BUTTER, VANILLA

LUV V SO MATCHA BANANA, ALMOND MILK, MATCHA, CINNAMON, SPINACH, HONEY

#### SUMMER BOD

BANANA, APPLE JUICE, MORINGA, MACA, SPINACH, KALE, HONEY

ROSE GLOW BANANA, COCONUT WATER, COLLAGEN, RASPBERRY, ROSE WATER, HONEY

#### PINK DRAGON

COCONUT MILK, ORANGE JUICE, PINEAPPLE, PITAYA, HONEY

#### THE OG

BANANA, ALMOND MILK, STRAWBERRY, AGAVE

#### A(AI YOU LATER

PURE ACAI, COCONUT WATER, BLUEBERRY, SPINACH, BANANA

#### HEALTH NUT

SWEET

BANANA, ALMOND MILK, MACA, CINNAMON, DATE, ALMOND BUTTER 160Z \$9 / 240Z \$12.5

DON'T KALE MY VIBE BANANA, COCONUT WATER, KALE, PINEAPPLE, HONEY, ALMOND BUTTER

PB & ( BANANA, ALMOND MILK, COCOA POWDER, PEANUT BUTTER, DATE

## A.M'S IN VENICE

PINEAPPLE, ORANGE JUICE, STRAWBERRY, PEACH, AGAVE

BLVE BAHAMIAN

COCONUT MILK, ORANGE JUICE, BLUE MAJIK, PINEAPPLE, PEACH, AGAVE

#### OFFEE DATE

BANANA, ALMOND MILK, COLD BREW, SPINACH, CINNAMON, DATE, PEANUT BUTTER, CHIA SEEDS

### (HERRY (OLADA

CHERRY, COCONUT MILK, ORANGE JUICE, TURMERIC, PINEAPPLE, AGAVE, COCONUT FLAKES

(HO(OLATE MYLK BANANA, ALMOND MILK, MACA, COCOA POWDER, CHOCOLATE ALMOND BUTTER

### POPEYE

BANANA, ALMOND MILK, SPINACH, BLUEBERRY, STRAWBERRY, HONEY

#### SWEET SWIRLZ 80Z \$6.5/ SOVL 120Z \$8.5

SERVED WITH VANILLA OR CHOCOLATE OAT BASED SOFT SERVE. NO SUBS

## FEELIN' FRVITY

VANILLA OR CHOCOLATE CHOICE OF: STRAWBERRIES, BLUEBERRIES, OR PINEAPPLE

NICE (RISPY VANILLA, BANANA, RICE CRISP CEREAL

(OOKIE MONSTER

VANILLA OR CHOCOLATE CHOICE OF COOKIE

(HERRY GAR(IA VANILLA, CHERRIES, CACAO NIBS

## JIMMY SPRINKLES

VANILLA OR CHOCOLATE CHOICE OF SPRINKLES

## (OOL BEANS

VANILLA, COFFEE, CHOCOLATE SPRINKLES

### (INNY (RVN(H

VANILLA, CINNAMON CRUNCH CEREAL

#### ALMOND JOY VANILLA, ALMONDS, ALMOND EXTRACT

SUPER FOOD MOOD

VANILLA, STRAWBERRIES CHOICE OF: MATCHA, UBE OR BLUE MAJIK

## STRAWBERRY MARG

VANILLA, LIME, STRAWBERRIES

BEETIT VANILLA, BEET, RASPBERRIES

THE ELVIS CHOCOLATE, BANANA, PEANUT BUTTER

# TAKE HOME YOUR FAVORITES!



# SOUL BOWLS

## CHOOSE ONE BASE

PURE ACAI \$11.5 ACAI, CANE SUGAR

COCONUT BLEND \$11.5 COCONUT, CANE SUGAR

DRAGON FRUIT BLEND \$11.5 DRAGON FRUIT, CANE SUGAR

NOVA BLEND \$11.5 COCONUT MILK, BANANA, PINEAPPLE, PEACH, HONEY, BLUE ALGAE

#### TOP OFF YOUR BOWL WITH A SOFT SERVE SWIRL +\$2

OVERNIGHT OATS \$9.75 GLUTEN-FREE OATS, MAPLE SYRUP, VANILLA, CINNAMON, SALT

BOBA TAPIOCA PUDDING \$9.75 COCONUT MILK, TAPIOCA, BROWN SUGAR, VANILLA, SALT

CHIA PUDDING \$9.75 SEASONAL FLAVORS

PLANT-BASED SOFT SERVE \$9.75 SEASONAL FLAVORS

## ADD THREE FRUITS OR SWEETS

BLUEBERRY STRAWBERRY BANANA MANGO KIWI PINEAPPLE

DRAGON FRUIT CHOCOLATE CHIPS SEASONAL COOKIES OVERNIGHT OATS CHIA PUDDING BOBA TAPIOCA PUDDING



### CHOOSE ONE GRANOLA

MAPLE VANILLA GRANOLA MATCHA GRANOLA



## DRIZZLE IT

ALMOND BUTTER, PEANUT BUTTER, AGAVE, HONEY, CHOCOLATE ALMOND BUTTER

## PICK TWO TOPPINGS

ALMOND SLICES BEE POLLEN CACAO NIBS CHIA SEEDS

GOJI BERRIES GINGER CRYSTALS PUMPKIN SEEDS GUMMY BEARS HEMP SEEDS

PUFFED QUINOA SPRINKLES COCONUT FLAKES

# ASK US ABOUT SWEET SOUL (ATERING!