

SMOOTHIES

ADD COLLAGEN, PROTEIN, GREENS POWDER OR HANGOVER POWDER +\$2

OATMEAL (OOKIE BANANA, ALMOND MILK, OATS, MAPLE, CINNAMON, ALMOND BUTTER, VANILLA

LUV V SO MATCHA BANANA, ALMOND MILK, MATCHA, CINNAMON, SPINACH, HONEY

SUMMER BOD

BANANA, APPLE JUICE, MORINGA, MACA, SPINACH, KALE, HONEY

ROSE GLOW BANANA, COCONUT WATER, COLLAGEN, RASPBERRY, ROSE WATER, HONEY

PINK DRAGON

COCONUT MILK, ORANGE JUICE, PINEAPPLE, PITAYA, HONEY

THE OG

BANANA, ALMOND MILK, STRAWBERRY, AGAVE

A(AI YOU LATER

PURE ACAI, COCONUT WATER, BLUEBERRY, SPINACH, BANANA

HEALTH NUT

SWEET

BANANA, ALMOND MILK, MACA, CINNAMON, DATE, ALMOND BUTTER 160Z \$9 / 240Z \$12.5

DON'T KALE MY VIBE BANANA, COCONUT WATER, KALE, PINEAPPLE, HONEY, ALMOND BUTTER

PB & (BANANA, ALMOND MILK, COCOA POWDER, PEANUT BUTTER, DATE

A.M'S IN VENICE

PINEAPPLE, ORANGE JUICE, STRAWBERRY, PEACH, AGAVE

BLVE BAHAMIAN

COCONUT MILK, ORANGE JUICE, BLUE MAJIK, PINEAPPLE, PEACH, AGAVE

OFFEE DATE

BANANA, ALMOND MILK, COLD BREW, SPINACH, CINNAMON, DATE, PEANUT BUTTER, CHIA SEEDS

(HERRY (OLADA

CHERRY, COCONUT MILK, ORANGE JUICE, TURMERIC, PINEAPPLE, AGAVE, COCONUT FLAKES

(HO(OLATE MYLK BANANA, ALMOND MILK, MACA, COCOA POWDER, CHOCOLATE ALMOND BUTTER

POPEYE

BANANA, ALMOND MILK, SPINACH, BLUEBERRY, STRAWBERRY, HONEY

SWEET SWIRLZ 80Z \$6.5/ SOVL 120Z \$8.5

SERVED WITH VANILLA OR CHOCOLATE OAT BASED SOFT SERVE. NO SUBS

FEELIN' FRVITY

VANILLA OR CHOCOLATE CHOICE OF: STRAWBERRIES, BLUEBERRIES, OR PINEAPPLE

NICE (RISPY VANILLA, BANANA, RICE CRISP CEREAL

(OOKIE MONSTER

VANILLA OR CHOCOLATE CHOICE OF COOKIE

(HERRY GAR(IA VANILLA, CHERRIES, CACAO NIBS

JIMMY SPRINKLES

VANILLA OR CHOCOLATE CHOICE OF SPRINKLES

(OOL BEANS

VANILLA, COFFEE, CHOCOLATE SPRINKLES

(INNY (RVN(H

VANILLA, CINNAMON CRUNCH CEREAL

ALMOND JOY VANILLA, ALMONDS, ALMOND EXTRACT

SUPER FOOD MOOD

VANILLA, STRAWBERRIES CHOICE OF: MATCHA, UBE OR BLUE MAJIK

STRAWBERRY MARG

VANILLA, LIME, STRAWBERRIES

BEETIT VANILLA, BEET, RASPBERRIES

THE ELVIS CHOCOLATE, BANANA, PEANUT BUTTER

TAKE HOME YOUR FAVORITES!



SOUL BOWLS

CHOOSE ONE BASE

PURE ACAI \$11.5 ACAI, CANE SUGAR

COCONUT BLEND \$11.5 COCONUT, CANE SUGAR

DRAGON FRUIT BLEND \$11.5 DRAGON FRUIT, CANE SUGAR

NOVA BLEND \$11.5 COCONUT MILK, BANANA, PINEAPPLE, PEACH, HONEY, BLUE ALGAE

TOP OFF YOUR BOWL WITH A SOFT SERVE SWIRL +\$2

OVERNIGHT OATS \$9.75 GLUTEN-FREE OATS, MAPLE SYRUP, VANILLA, CINNAMON, SALT

BOBA TAPIOCA PUDDING \$9.75 COCONUT MILK, TAPIOCA, BROWN SUGAR, VANILLA, SALT

CHIA PUDDING \$9.75 SEASONAL FLAVORS

PLANT-BASED SOFT SERVE \$9.75 SEASONAL FLAVORS

ADD THREE FRUITS OR SWEETS

BLUEBERRY STRAWBERRY BANANA MANGO KIWI PINEAPPLE

DRAGON FRUIT CHOCOLATE CHIPS SEASONAL COOKIES OVERNIGHT OATS CHIA PUDDING BOBA TAPIOCA PUDDING



CHOOSE ONE GRANOLA

MAPLE VANILLA GRANOLA MATCHA GRANOLA



DRIZZLE IT

ALMOND BUTTER, PEANUT BUTTER, AGAVE, HONEY, CHOCOLATE ALMOND BUTTER

PICK TWO TOPPINGS

ALMOND SLICES BEE POLLEN CACAO NIBS CHIA SEEDS

GOJI BERRIES GINGER CRYSTALS PUMPKIN SEEDS GUMMY BEARS HEMP SEEDS

PUFFED QUINOA SPRINKLES COCONUT FLAKES

ASK US ABOUT SWEET SOUL (ATERING!