



# SMOOTHIES

16OZ \$9 / 24OZ \$12.5

ADD COLLAGEN, PROTEIN, GREENS POWDER OR HANGOVER POWDER +\$2

## OATMEAL COOKIE

BANANA, ALMOND MILK, OATS, MAPLE, CINNAMON, ALMOND BUTTER, VANILLA

## LUV U So MATCHA

BANANA, ALMOND MILK, MATCHA, CINNAMON, SPINACH, HONEY

## SUMMER BOB

BANANA, APPLE JUICE, MORINGA, MACA, SPINACH, KALE, HONEY

## ROSE GLOW

BANANA, COCONUT WATER, COLLAGEN, RASPBERRY, ROSE WATER, HONEY

## PINK DRAGON

COCONUT MILK, ORANGE JUICE, PINEAPPLE, PITAYA, HONEY

## THE OG

BANANA, ALMOND MILK, STRAWBERRY, AGAVE

## ACAI YOU LATER

PURE ACAI, COCONUT WATER, BLUEBERRY, SPINACH, BANANA

## HEALTH NUT

BANANA, ALMOND MILK, MACA, CINNAMON, DATE, ALMOND BUTTER

## DON'T KALE MY VIBE

BANANA, COCONUT WATER, KALE, PINEAPPLE, HONEY, ALMOND BUTTER

## PB & C

BANANA, ALMOND MILK, COCOA POWDER, PEANUT BUTTER, DATE

## A.M'S IN VENICE

PINEAPPLE, ORANGE JUICE, STRAWBERRY, PEACH, AGAVE

## BLUE BAHAMIAN

COCONUT MILK, ORANGE JUICE, BLUE MAJIK, PINEAPPLE, PEACH, AGAVE

## COFFEE DATE

BANANA, ALMOND MILK, COLD BREW, SPINACH, CINNAMON, DATE, PEANUT BUTTER, CHIA SEEDS

## (HERRY COLADA

CHERRY, COCONUT MILK, ORANGE JUICE, TURMERIC, PINEAPPLE, AGAVE, COCONUT FLAKES

## (HOCOLATE MYLK

BANANA, ALMOND MILK, MACA, COCOA POWDER, CHOCOLATE ALMOND BUTTER

## POPEYE

BANANA, ALMOND MILK, SPINACH, BLUEBERRY, STRAWBERRY, HONEY



# SWEET SWIRLZ

8OZ \$6.5

## FEELIN' FRUITY

VANILLA OR CHOCOLATE SOFT SERVE WITH CHOICE OF: STRAWBERRIES, BLUEBERRIES, OR PINEAPPLE

## (HERRY GARCIA

VANILLA SOFT SERVE, CHERRIES, CACAO NIBS

## JIMMY SPRINKLES

VANILLA OR CHOCOLATE SOFT SERVE WITH CHOICE OF SPRINKLES

## (INNY CRUNCH

VANILLA SOFT SERVE, CINNAMON CRUNCH CEREAL

## (COOKIE MONSTER

VANILLA OR CHOCOLATE SOFT SERVE WITH CHOICE OF COOKIE

## THE ELVIS

CHOCOLATE SOFT SERVE, BANANA, PEANUT BUTTER

# TAKE HOME YOUR FAVORITES!





# SOUL BOWLS

## 1 CHOOSE ONE BASE

TOP OFF YOUR BOWL WITH  
A SOFT SERVE SWIRL +\$2

PURE ACAI \$12

ACAI, CANE SUGAR

COCONUT BLEND \$12

COCONUT, CANE SUGAR

DRAGON FRUIT BLEND \$12

DRAGON FRUIT, CANE SUGAR

NOVA BLEND \$12

COCONUT MILK, BANANA, PINEAPPLE,  
PEACH, HONEY, BLUE ALGAE

OVERNIGHT OATS \$10.75

GLUTEN-FREE OATS, MAPLE SYRUP,  
VANILLA, CINNAMON, SALT

BOBA TAPIOCA PUDDING \$10.75

COCONUT MILK, TAPIOCA, BROWN  
SUGAR, VANILLA, SALT

CHIA PUDDING \$10.75

SEASONAL FLAVORS

PLANT-BASED SOFT SERVE \$10.75

SEASONAL FLAVORS

## 2 ADD THREE FRUITS OR SWEETS

BLUEBERRY

STRAWBERRY

BANANA

MANGO

KIWI

PINEAPPLE

DRAGON FRUIT

SEASONAL COOKIES

OVERNIGHT OATS

BOBA TAPIOCA PUDDING

CHIA PUDDING

## 3 CHOOSE ONE GRANOLA

MAPLE VANILLA GRANOLA

MATCHA GRANOLA

## 4 DRIZZLE IT

ALMOND BUTTER, PEANUT BUTTER, AGAVE,

HONEY, CHOCOLATE ALMOND BUTTER

## 5 PICK TWO TOPPINGS

ALMOND SLICES

BEE POLLEN

CACAO NIBS

CHIA SEEDS

GOJI BERRIES

GINGER CRYSTALS

HEMP SEEDS

COCONUT FLAKES

PUFFED QUINOA

PUMPKIN SEEDS

SPRINKLES

ASK US ABOUT SWEET SOUL CATERING!