SMOOTHIES

16oz $10 / 24oz $13
add protein or collagen +2

RAW FARM STRAWBERRY
banana, strawberry, goji berry, kefir, almond milk, coconut milk, honey, strawberry glaze, vanilla cold foam, freeze dried strawberry, maldon salt

OLIVE OIL GLOW
avocado, banana, strawberry, pineapple, spinach, lemon juice, vanilla, honey, almond milk, coconut milk, green spirulina, coconut cold foam, olive oil, maldon salt

FLORIDA CLOUD
mango, pineapple, banana, orange juice, vanilla, agave, almond milk, coconut milk, mango-passionfruit glaze, coconut cold foam, blue majik cold foam, coconut flakes

TIE DYE
banana, pineapple, strawberry, dragonfruit, honey, almond milk, coconut milk, mango-passionfruit glaze, ube cold foam, coconut flakes

A.M'S IN VENICE
strawberry, pineapple, peach, agave, orange juice

THE OG
banana, strawberry, agave, almond milk

POPEYE
banana, blueberry, strawberry, spinach, honey, almond milk

OATMEAL COOKIE
banana, oats, cinnamon, maple, vanilla, almond butter, almond milk

PB & C
banana, date, cocoa powder, peanut butter, almond milk

HEALTH NUT
banana, date, cinnamon, maca, almond butter, almond milk

COFFEE DATE
banana, date, spinach, chia seeds, cinnamon, peanut butter, cold brew, almond milk

BOTTLED BEVERAGES

MATCHA LATTE
oat milk, matcha, agave

HEALTHY HATERADE
coconut water, lemon, simple syrup, blue majik

ANTIOXIDANT SHOT
blueberries, ginger, lemon, blue majik, agave

IMMUNITY SHOT
ginger, lemon, cayenne, beet, turmeric

LE CARROT
orange, carrot, ginger

LE GREEN
cucumber, kale, lime, ginger, agave nectar

LE ORANGE
cold pressed orange juice

Our kitchen handles dairy, peanuts, and tree nuts.
While we take precautions, we cannot guarantee that any item is free from cross-contact with allergens.

SOUL BOWLS

1 CHOOSE ONE BASE

ORGANIC ACAI 12
acai, cane sugar

COCONUT BLEND 12
coconut, cane sugar

DRAGON FRUIT BLEND 12
dragon fruit, cane sugar

NOVA BLEND 12
coconut milk, banana, pineapple, peach, honey, blue algae

BOBA TAPIOCA PUDDING 10.75
coconut milk, tapioca, brown sugar, vanilla, salt

COCONUT CHIA PUDDING 10.75
coconut milk, chia, agave, blue majik

VANILLA CHIA YOGURT 10.75
plant based yogurt, coconut milk, chia seeds, vanilla, agave

2 ADD 3 FRUITS OR SWEETS

blueberry
strawberry
banana
dragon fruit
kiwi
pineapple
seasonal fruit
boba tapioca pudding
coconut chia pudding
chocolate chips

3 MAPLE VANILLA GRANOLA

4 DRIZZLE IT

almond butter
peanut butter
chocolate almond butter
honey
agave

5 PICK 2 TOPPINGS

almond slices
bee pollen
cacao nibs
chia seeds
goji berries
ginger crystals
coconut flakes
puffed quinoa
pumpkin seeds
hemp seeds

ASK US ABOUT SWEET SOUL CATERING!