



BUILD YOUR OWN SUPERFOOD BAR



LIL' SWEET (SMALL)

SERVES 5 - \$65

- 1 CHOOSE 1 BASE
- 2 PICK 3 SWEETS
- 3 PICK 1 DRIZZLE
- 4 ADD 1 TOPPING

SERVED WITH MAPLE VANILLA GRANOLA

BIG BADDIE (LARGE)

SERVES 10 - \$130

- 1 CHOOSE 2 BASES
- 2 PICK 3 SWEETS
- 3 PICK 1 DRIZZLE
- 4 ADD 1 TOPPING

SERVED WITH MAPLE VANILLA GRANOLA

EXTRAS (BY THE DOZEN)

- CHOCOLATE CHIP COOKIES - \$20
- DOUBLE CHOCOLATE CHIP COOKIES - \$20
- VANILLA BEAN ICE CREAM SANDWICHES - \$55
- CHOCOLATE COVERED STRAWBERRIES - \$17

BEVERAGES

- DRAGON FRUIT LIMEADE (12oz) - \$4
- HEALTHY HATERADE (12oz) - \$5
- COLD BREW (12oz) - \$5
- DIRTY CHAI LATTE (12oz) - \$6
- MATCHA LATTE (12oz) - \$6
- TURMERIC LATTE (12oz) - \$6
- SOUL SHOT (2oz) - \$3
- FLAVORED SPARKLING WATER - \$3
- BOTTLED WATER - \$2.50

BASES

PURE ACAI

ACAI, CANE SUGAR

COCONUT BLEND

COCONUT, CANE SUGAR

DRAGON FRUIT BLEND

DRAGON FRUIT, CANE SUGAR

VANILLA CHIA PUDDING

CHIA SEEDS, ALMOND MILK, MAPLE,
VANILLA

COCONUT CHIA PUDDING

CHIA SEEDS, COCONUT MILK, AGAVE
SYRUP, BLUE ALGAE



SWEETS

BLUEBERRY
STRAWBERRY
BANANA
KIWI
PINEAPPLE
MANGO

OVERNIGHT OATS
CHOCOLATE CHIPS
VANILLA CHIA PUDDING
COCONUT CHIA PUDDING
BOBA TAPIOCA PUDDING

GRANOLA

MAPLE VANILLA GRANOLA

DRIZZLES

HONEY
AGAVE
ALMOND BUTTER
PEANUT BUTTER
CHOCOLATE ALMOND BUTTER

TOPPINGS

ALMOND SLICES
BEE POLLEN
CACAO NIBS
CHIA SEEDS

COCONUT FLAKES
HEMP SEEDS
PUMPKIN SEEDS

ILOVESWEETSOUL.COM

813-522-1515

JOHNF@CRGLOCAL.COM

